

JACK LOUIS FRISK



March 26, 1927 - September 12, 2015

It is with joy and sadness the children of Jack L. Frisk announce his passing on September 12, 2015, after a long illness. Our joy reflects his eternal life, free of pain; our sadness, how much we miss him already.

Jack Louis Frisk was born on March 26, 1927 to Ralph and Edna (Holdren) Frisk, in Mountain Grove, Missouri. Jack attended school there, then Harrison, Idaho, finally graduating from High School in Reardan, Washington. His mother collected his diploma because he enlisted in the Navy when he was 17, became military eligible at 18, and was not in attendance at graduation. Jack served as a Navy hospital corpsman at the end of [WWII](#).

In 1948, Jack married the love of his life, Viola Anderson, also of Reardan, his lifelong partner and biggest supporter. They were married 55 years when she passed in 2003. Together they raised three children, Connie, Jo, and Jim.

Jack attended Eastern Washington College on the GI Bill, earned a degree, and began teaching in Aberdeen. The Navy called him back to service for the [Korean War](#), again as a hospital corpsman, after which he returned to teaching, then moved to Kennewick where he became principal of Eastgate Elementary, and the first principal of Highlands Jr. High. Continuing his education, Jack earned a Master's Degree from EWC and an EdD from the [University of Washington](#). He served as Superintendent of Schools in Anacortes, Port Angeles, and Yakima, retiring as Deputy State Superintendent of Public Instruction in Olympia. After retirement, Jack and Vi returned to Anacortes where they welcomed and fed friends and friends to be in their home on Thompson Beach.

Well remembered for his influence in the education arena, Jack is perhaps better known for his work in community service, particularly as a [Rotarian](#). A 2005 recipient of the Service Above Self Award, the highest honor given by Rotary International, he exemplified that motto. A past president of several Rotary Clubs and Past District Governor of Rotary District 5050, Jack inspired others to get involved and encouraged and supported them when they did.

The Rotary partnership with the Wheelchair Foundation became a special passion for Jack, taking him to all the clubs in District 5050 to explain how they could buy quality wheelchairs to be provided to those in need around the world. Jack even traveled to Trinidad, Bolivia, South Africa, and Nepal to fit people into wheelchairs, giving them mobility, some for the first time.

Jack is survived by his three children: Connie Roberts Milliken (Dennis), Jo Griggs, Jim Frisk (Kim Janz) and 5 grandchildren: Scott Roberts (Carmen), Jeremy (fiancé Chealsy Mead) and Ryan Mriglott, Christian Griggs, Mandi Vogelbacher (Jason), and 6 great grandchildren: Logan

and Tolliver Roberts, Jaya Mriglot, and Autumn, Kaelyn, and Lilly Vogelbacher. He is also survived by many, many wonderful friends.

He was preceded in death by his parents, Ralph and Edna Frisk, his wife Vi Frisk, and two grandsons, Paul Roberts and Jacob Griggs.

In lieu of flowers, memorials may be made to one of the following, which are all 501(c)(3) organizations, or a [charity of your choice](#) :

Anacortes Schools Foundation, Jack and Vi Frisk Scholarship, 2200 M Ave, Anacortes, WA 98221. Eastern Washington University Foundation, The Jack and Vi Frisk Graduate Fellowship, #98852, 102 Hargreaves Hall, Cheney, WA 99004-2413, Rotary Club of La Conner Foundation Jack Frisk's Wheelchairs, PO Box 2111, La Conner, WA 98257

The family wishes to thank the amazing staff and friends at: Skagit Valley Hospital for allowing Jack to live his life to the end surrounded by family and friends; Mira Vista for their care and attention; Mountain Glen for making Jack feel at home and providing care when it was needed; and the Skagit Kidney Center where for three years they kept Jack alive after he lost both kidneys to cancer, always with grace, kindness, and a sense of humor. We also appreciate the wonderful doctors who worked to make Jack well and were honest when there was nothing more to be done.

A Celebration of Jack's Life will take place on September 27th, 11:00 AM, at Maple Hall Center in La Conner.



Maple Hall Center

Address: 104 Commercial, La Conner, WA 98257

Phone: [\(360\) 466-3125](tel:3604663125)

Connie & Dennis Milliken (Daughter)

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